

Private Coaching

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var gaJsHost = (("https:" == document.location.protocol) ? "https://ssl." : "http://www.");
document.write(unescape("%3Cscript src=" + gaJsHost + "google-analytics.com/ga.js'
type='text/javascript'%3E%3C/script%3E"));
```

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var pageTracker = _gat._getTracker("UA-3321665-2");
pageTracker._trackPageview();
} catch(err) {}
```

Any person, couple, family, or members of a family-owned business embarking on Strategic Career and Life Planning should first consider this question:

Do you think Strategic Career and Life Planning is:

- an event?
- a process?
- a change in your role and career?
- a change in the way you run your day-to-day life?

Answer: It's all of the above.

However it is more than that, planning is only useful when it is planning for change—changes in your role, in your career, and how you run your life day to day.

Are you ready for change?

How long will you wait?

Coaching will:

- push you outside your comfort zone
- dramatically improve your personal and professional performance
- eliminate worry and frustration for you and your family
- boost your self-esteem and confidence
- make you feel happy, healthier and stress free
- improve the quality of all your relationships beyond your imagination
- increase your physical and mental energy so you can enjoy your life
- help you feel peaceful and satisfied for increased quality of life
- create work life balance and improve your personal organization
- allow you to realize what you really, really, really want to do
- assist you to set higher quality goals and then reach them
- support you to do everything than you want to do
- focus you so you will produce results quickly

- provide you with tools, support and a structure to accomplish your goals fast

A five-stage process is used:

Initial Consultation – Orientation & First Exercises

Alignment
Completing Your Past
Planning Your Future
Preparation and Action
Maintenance

During the coaching process you can expect to receive information, complete discovery exercises, and receive suggested resources, be supported and challenged in a safe, confidential, and professional environment. Depending upon your needs, specific assessments may be conducted as well as a variety of written assignments.

Coaching sessions are conducted over the telephone or over the internet. (Skype, Messenger, Etc) Each coaching session usually lasts between 30 to 60 minutes, anywhere from 2 to 4 times per month. The length and number of sessions per month is dependent upon your needs, time, and how rapidly you desire to make changes.

The focus of the sessions will be on your accomplishments between sessions, any obstacles you are facing, skill development, processing of information, and accountability. Specific tasks or assignments will be agreed upon and worked on between sessions. E-mail correspondence is always available between sessions.

your life over today!

[For rate information send email or call 001-219-614-3027]

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```

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var pageTracker = _gat._getTracker("UA-5494070-1");
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} catch(err) {}
```